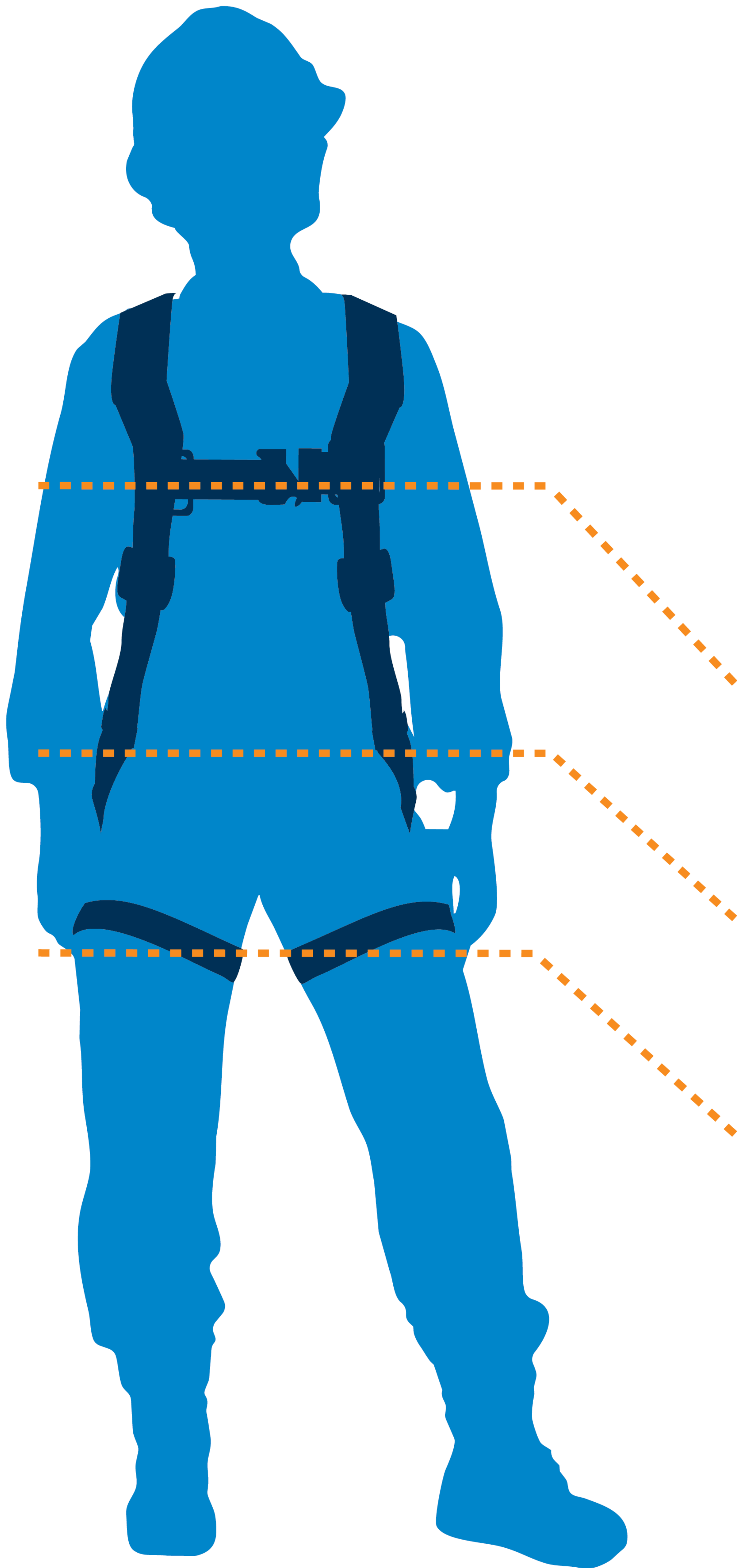


Find Your Perfect Fit: Harness Sizing

A properly fitting harness is essential for safety as it ensures that force is distributed correctly in a fall and helps prevent injury or discomfort caused by a poor fit



STANDARD HARNESSES				
S Z E	C H S T	I G H H P	C O N E C T O R	T H G H
X m a l	2 49	30 9	TB	16 8
			MB/QC	14 0
S m l l	8 1	34 3	TB	18 0
			MB/QC	16 2
M e d u m	0 53	38 7	TB	20 32
			MB/QC	18 4
a r e	2 55	42 51	TB	22 4
			MB/QC	20 36
X L a g e	6 57	46 5	TB	24 6
			MB/QC	22 8
X a r e	48 60	50 9	TB	26 8
			MB/QC	24 0
X a r e	1 62	54 3	TB	28 0
			MB/QC	26 2
X L r e	0 64	58 7	TB	30 42
			MB/QC	28 4
UN V E R S A L H A R N E S S				
U i e s a l	7 60	n a	TB	19 1
			MB/QC	17 3
DUAL S I Z E H A N E S S				
S/M	3 53	34 7	TB	18 0
			MB/QC	16 2
L XL	5 58	42 5	TB	22 4
			MB/QC	20 36
L/ X	9 68	46 9	TB	24 6
			MB/QC	22 8
X/ X	1 63	50 6	TB	26 8
			MB/QC	24 0
X/ X	2 64	54 0	TB	28 0
			MB/QC	26 2
TB= o g u B u k e MB= M a n g B c e C=Q i k C n n c B u k e				

CHEST

Wrap the tape measure around the widest part of your chest under your arms and keep it level and snug

HIGH-HIP

Wrap the tape measure comfortably around the top of your hips a few inches below your waist

THIGH

Wrap a tape measure around the thickest part of your upper thigh keeping it snug but not tight

ADJUSTABLE SUB-PELVIC STRAP

Exclusive to FIT Harnesses the adjustable sub-pelvic strap offers up to 8" of adjustability for a precise personalized fit across all body types

Select your harness size using the measurement chart then **adjust the sub-pelvic strap** for optimal comfort and support